

## More about Kids' Mental Health

*We help people with any immigration status. HLA will not share your information with anyone unless you agree. Please ask for an interpreter if you need one!*

*If HLA can help you, all our services will be free.*

### Get help from the Mental Health Advocacy Program for Kids (MHAP for Kids)

#### 1. Get ready to call us:

Have this information ready:

- Best way to contact you (phone number and email)
- Where you live
- Your current concerns about your child's education and mental health
- Your child's insurance information
- How many people are in your household
- Your income

#### 2. When you are ready:

Call 617-275-2919 or 855-218-3965 (toll-free)

- Leave a message with your name, address, and phone number or email
- Describe the problem you have

If you can't call, fill out our intake form [here](#).

#### 3. What's next: A paralegal from HLA will contact you. They will call you to talk about your problem.

- Next, HLA will decide if we can take your case.
- We will contact you to let you know if we can help.
- If HLA can't take your case, we will try to help you find an organization or resource that can help.

### Who can HLA help?

To get help from HLA:

1. Your child needs to have a mental health concern or diagnosis.
2. You need to live in Massachusetts.
3. You need to meet **one** of our income requirements. **If you are not sure, call us anyway.** In 2026, this means:

For a family of 1, less than \$47,880 per year For a family of 2, less than \$64,920 per year For a family of 3, less than \$81,960 per year For a family of 4, less than \$99,000 per year For a family of 5, less than \$116,040 per year And so on...